The Extremely Secret Dakini Of Naropa

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a thorough and sparkling translation of an essential commentary on one of the most profound practices of tibetan buddhism the extremely secret dakini of naropa has become the basis for almost every subsequent vajrayogini commentary in the gelug tradition kyabje pabongkha s commentary is both very thorough in its presentation and deeply inspiring providing rich detail on essential elements of vajrayogini practice all eleven yogas of the generation stage the transference of consciousness tsok offering left sided conduct and many other auxiliary practices there is also a stunning explanation of the completion stage that provides many extraordinarily profound methods unique to the practice of vajrayogini the second half of the book contains several sadhanas for the practice of vajrayogini including six session guru yoga as well as two sadhanas on the transference of consciousness this is a teaching that practitioners can use to transform themselves into a buddha like the artists who shape beautiful images out of raw materials gelek rimpoche

for their system of divination the authors drew upon extensive study of the 64 dakinis of the ranipur jharial temple in orisa india which honor intuitive wisdom

vajrayogini is a female enlightened deity of highest yoga tantra a manifestation of all buddha s wisdom by engaging in the tantric practice of vajrayogini under the guidance of a qualified spiritual guide sincere practitioners can completely purify their body speech and mind and attain

a state of full enlightenment the ultimate goal of human life this comprehensive guide provides a detailed and practical explanation of the two stages of vajrayogini practice generation stage and completion stage and shows how we can integrate these practices into our daily life thereby transforming every moment of our life into the path to enlightenment it is a unique guide to becoming a tantric enlightened being in the modern world

fear anger and negativity are states that each of us have to contend with machik s complete explanation the most famous book of the teachings of machik lapdr\(\Pri\) n the great female saint and yogini of eleventh to twelfth century tibet addresses these issues in a practical direct way machik developed a system the mahamudra ch\(\Pri\) d that takes the buddhas teachings as a basis and applies them to the immediate experiences of negative mind states and malignant forces her unique feminine approach is to invoke and nurture the very demons that we fear and hate transforming those reactive emotions into love it is the tantric version of developing compassion and fearlessness a radical method of cutting through ego fixation this expanded edition includes machik lapdr\(\Pri\) ns earliest known teaching the original source text for the tradition the great bundle of precepts on severance ch\(\Pri\) d this pithy set of instructions reveals that the teachings of the perfection of wisdom are the true inspiration for ch\(\Pri\) d it is beautifully clarified in a short commentary by rangjung dorje the third karmapa

guide to dakini land is the first complete explanation in english to the tantric practice of vajrayogini the female buddha of wisdom the book provides detailed instructions on the eleven yogas of generation stage which are special methods for transforming all our daily activities into the spiritual path it also explains with perfect clarity the essential completion stage practices of vajrayogini it includes all the sadhanas of vajrayogini and advice on how to do a tantric retreat and a wealth of additional material that will be indispensable to anyone wishing to rely upon buddha vajrayogini

a fresh interpretation of the dakini a tibetan buddhist symbol of the feminine that will appeal to practitioners interested in goddess worship female spirituality and tantric buddhism the primary emblem of the feminine in tibetan buddhism is the dakini or sky dancer a semi wrathful spirit woman who manifests in visions dreams and meditation experiences western scholars and interpreters of the dakini influenced by jungian psychology and feminist goddess theology have shaped a contemporary critique of tibetan buddhism in which the dakini is seen as a psychological shadow a feminine savior or an objectified product of patriarchal fantasy according to judith simmer brown who writes from the point of view of an experienced practitioner of tibetan buddhism such interpretations are inadequate in the spiritual journey of the meditator simmer brown demonstrates the dakini symbolizes levels of personal realization the sacredness of the body both female and male the profound meeting point of body and mind in meditation the visionary realm of ritual practice and the empty spacious qualities of mind itself when the meditator encounters the dakini living spiritual experience is activated in a nonconceptual manner by her direct gaze her radiant body and her compassionate revelation of reality grounded in the author's personal encounter with the dakini this unique study will appeal to both male and female spiritual seekers interested in goddess worship women s spirituality and the tantric tradition

this book explores the role of altered states of consciousness in the communication of social and

emotional energies both on a societal level and between individual persons drawing from an original reading of durkheimian social theorists including mauss hertz and hubert and jungian psychology louise child applies this analysis to tantric buddhist ritual and biographical material she suggests ways in which dreams and visionary experiences including those related to the subtle body play an important and previously under explored role in tantric understandings of the consort relationship

a tantric system of divination based on the work of nik douglas in the ranipur jharial temple of orissa india penny slinger created the series of 65 full color cards with surrealistic images includes celtic cross and tree of life charts

chod refers to cutting through the ego and emotional entanglements

whereas the art of most buddhist countries features a preponderance of male images the art of tibet has traditionally emphasized what the authors call the strong role of the feminine this book one of the first western titles ever to analyze this unique artistic tradition is the companion volume to a touring art exhibit about female buddhas publishers weekly

the words of advice collected in this book are part of an ancient tradition of religious texts known as terma treasures works that were hidden in secret places both tangible and intangible during the first spread of buddhism in tibet in the ninth century to be rediscovered by qualified persons tertons and newly expounded to further generations according to legend padmasambhava s oral teachings to his chief disciple yeshe tsogyal princess of karchen were recorded in coded language called dakini script and concealed for centuries until they were revealed by nyang ral nyimey oser and sagye lingpa the selections in dakini teachings are short direct instructions in the vajrayana tradition of tibetan buddhism

in english translation for the first time this is the most authoritative scripture regarding how the dharma was planted in tibet according to his holiness dilgo khyentse rinpoche titles in the original tibetan the sanglingma life story it was recorded by the dakini yeshe tsogyal concealed in the ninth century at sanglingma copper temple in samye and revealed by nyang ral nyima oser in the twelfth century in addition to narrating the legendary story of a unique spiritual personality the book contains oral instructions and advice that he left for the benefit of future generations also included are a clarification of the life of padmasambhava by tsele natsok rangdrouml l an extensive glossary and index and a bibliography of tibetan and english sources

this volume highlights perhaps for the first time the techniques whereby mandala schemes are projected in thought belief and action on to widely differing natural landscapes the emphasis is on geographical contexts and socio cultural traditions

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