

Self Hypnotism Leslie Lecron

Self HypnotismHypnotism TodayThe Complete Guide to HypnosisSelf HypnotismSelf HypnotismSelf HypnotismThe Art of Hypnotic Regression TherapySelf HypnotismKnowing the Facts about Hypnosis and Hypnotic RegressionThe Letters of Milton H. EricksonClinical Hypnotherapy, by David B. Cheek and Leslie M. LeCronHypnotism Made PracticalSelf HypnotismSelf HypnotismAldous Huxley and Alternative SpiritualitySelf HypnotismEncyclopedia of New Age BeliefsBritish Journal of Medical HypnotismExperimental HypnosisHYPNOSIS, DISSOCIATION, AND ABSORPTION Leslie M. Lecron Leslie M. LeCron Leslie M. LeCron Leslie M. Le Cron Leslie Lecron C Roy Hunter Leslie M Lecrom John Ankerberg Milton H. Erickson David B. Cheek Louis Orton Leslie M Lecorn Leslie M. LeCron Jake Poller Leslie Middlekauff Le Cron John Ankerberg Leslie M. LeCron Marty Sapp
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the faults of hypnosis as practiced by an earlier generation lay not only in certain dangers and limitations inherent in the procedure but in the generally inadequate knowledge of psychodynamics which prevailed at the time the revival of hypnotism in recent years has shown promise only when combined with a sound orientation in psychopathology lecron presents an excellent exposition of the technique and phenomena of hypnosis he reports on modern methods of evoking past memories suggesting dreams and employing other devices which have become familiar in hypnotherapy

hypnotic regression therapy or hrt is a type of hypnotherapy in which following the induction of a good trance state specialized suggestions are given to guide the client in reviewing and emotionally reframing earlier experiences that have either caused or contributed to the client s current symptoms hrt is considered one of the most valuable hypnotherapy techniques available today yet it remains controversial partly due to inadequate training of psychotherapists and hypnotherapists which has contributed to numerous cases of false memory syndrome

hypnosis seems to be one of those subjects that everyone knows about but few know what to do with widespread claims are made for its application to medicine psychotherapy education and many other fields self help promoters claim that it can be used to treat or cure an endless variety of physical ailments and personal problems this book explains the moral issues dangers and occult potential that are inherent in hypnosis as well as the biblical warnings

in these letters there are aspects of erickson s life that have never before been revealed publicly readers are privy to erickson the man in a way that provides new insights into his awesome power as a clinician a researcher a theorist and on individual readers will also meet the luminaries with whom erickson interacted both in the field of psychiatry and in related disciplines

aldous huxley and alternative spirituality offers an incisive analysis of the full range of huxley s spiritual interests spanning both mysticism neo vedanta taoism mahayana and zen buddhism and western esotericism mesmerism spiritualism the paranormal jake poller examines how huxley s shifting spiritual convictions influenced his fiction such as his depiction of the body and sex and reveals how huxley s use of psychedelic substances affected his spiritual convictions resulting in a tantric turn in his work poller demonstrates how huxley s vision of a new alternative spirituality in island in which the palanese select their beliefs from different religious traditions anticipates the new age spiritual supermarket and traces the profound influence of huxley s ideas on the spiritual seekers of the twentieth century and beyond

this comprehensive indexed volume includes short one page listings of pertinent facts about a particular movement its founder how it claims to work scientific evaluations done and its potential dangers some topics covered are angels visualization shamanism hypnosis new age medicine and martial arts

this updated edition of hypnosis dissociation and absorption theories assessment and treatment presents the psychological theories and applications of how to use hypnosis with clients who display dissociation absorption fantasy proneness and imaginative capabilities this second edition adds information on the history of division 30 the society of psychological hypnosis of the american psychological association in addition this new edition presents sociophenomenological regression relaxation and other contemporary theories of hypnosis this text discusses the clinical implications of applying hypnosis to several overlapping psychological disorders such as dissociative identity disorder borderline personality disorder somatoform disorder acute stress disorder and posttraumatic stress disorder applications of eye movement techniques and hypnosis for children are included within this new edition a new section on multicultural applications of hypnosis is presented with applications of hypnosis for african american and latino patients in addition the uses of hypnosis for pain control anxiety and stress ego strengthening unipolar depression smoking cessation weight loss and rehabilitation are described this text provides treatment transcripts including but not limited to the following theoretical approaches cognitive behavioral psychodynamic adlerian and ericksonian this unique and comprehensive book will be of interest to students and professionals in the counseling and psychology fields

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