

Pictorial Atlas Acupuncture Illustrated Manual

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the illustrated manual of acupuncture points

the seirin pictorial atlas of acupuncture is a new kind of manual it illustrates the whole range
of acupuncture points and main channels the extraordinary vessels ren mai and du mai and
the extraordinary points in a systematic and clear way each of the 409 important points is
clarified through a series of three different illustrations a graphic indicates location on the
body an overview of channels illustrates the point in the context of its pathway a
photograph shows the acupuncture needle in position by combining chinese sources with the
authors experience in therapy this book features a sensible balance between the most
important indications and practical needs the names properties and applications of the
individual acupuncture points were then revised on this basis the team of chinese and
german authors creates a bridge between asian and western views of acupuncture this
acupuncture atlas not only provides beginners with an overview of the most important
acupuncture points but experienced practitioners can also learn about seldom used

acupuncture points and this extend their knowledge dust jacket

an understanding of acu points is vital not only for acupuncturists but also for bodyworkers this user friendly manual contains current comprehensive information for both groups with special emphasis on how shiatsu and tuina therapists can best utilize point knowledge in their practice renowned experts chris jarmey and ilaira bouratinos use succinct text a well organized framework and detailed color anatomical illustrations to clarify the complexities of acu points in keeping with normal practice the authors give the precise anatomical location of a point and illustrate it with a dot along with alternative locations where relevant however the book goes further by delineating the larger area where the point can be activated by pressure gua sha and other means in addition it explains the optimum physical position for treatment via acupuncture acupressure and other strategies as treatment positions can vary according to the method of point stimulation the book also documents the distribution of sensation resulting from point stimulation and differentiates between pressure and needle application where appropriate a practical guide to acu points presents a wealth of carefully researched information equally valuable for professionals students and conscientious practitioners

acupuncture anatomy regional micro anatomy and systemic acupuncture networks integrates western and eastern medicine providing a scientific foundation to acupuncture by correlating detailed anatomical information with specific acupuncture points the book opens a window into understanding the physiological basis of acupuncture medicine each acu

first multi year cumulation covers six years 1965 70

a fully illustrated and comprehensive reference guide to acupressure provides acupressure treatments tailored for a wide variety of health disorders including back pain heart and circulatory problems and even the common cold contains step by step instructions illustrated in full color for self treatment or treatment of a partner a simultaneous hardcover and paperback release trouble sleeping sensitive stomach headaches joint problems allergies sensory ailments such as these have been steadily increasing in western countries for decades acupressure massage along the body s meridians in accordance with traditional chinese medicine can effectively prevent and treat all of these disorders and more the acupressure atlas is a fully illustrated and comprehensive reference guide that demonstrates how acupressure techniques activate and accelerate the body s self healing powers to alleviate many health problems including even the common cold acupressure confers a holistic health benefit that prevents disorder from arising by harmonizing and balancing the body s energies it is particularly suited to self treatment the treatment of a partner and especially the treatment of children along with an introduction to the origins and principles of traditional chinese medicine the acupressure atlas provides the most important basic techniques as well as step by step instructions illustrated in full color of the practical and specific information needed to put the healing techniques of acupressure at your fingertips

two outstanding atlases in one set volume 1 channels and points will help the reader find answers and reassurance on a wide range of anatomical questions pertaining to acupuncture

practice a concise review of the clinical application of each point is presented in table format and illustrated in more than 200 full color images cross sections depict precise anatomical structures at and near each acupuncture point illustrating skin muscles nerves blood vessels and bones additional information on auricular and scalp acupoints techniques other than acupuncture and reflexology plates provide a complete overview volume 2 clinical indications offers extensive clinical information on more than 400 acupuncture points arranged in a conveniently referenced format with a profusion of tables in great detail it discusses in numerical order the acupuncture points and provides a comparison of the modern western and traditional chinese medical indications for each point explanatory notes to synthesize this information offer contraindications and provide the applied clinical context a linguistic explanation of the chinese name each point s tcm functions as well as main combinations and their indications are provided as well by improving your understanding of each point s application you will advance your practice of chinese medicine and build a bridge between the western and eastern medical paradigms

have you ever wondered about the anatomic structures that are affected locally when you insert a needle in a specific acupuncture point have you ever worried for example how close you get to the radial artery when needling lu 9 tai yuan this lavishly illustrated atlas of 414 pages by the italian doctors quirico and pedrali provides the reader with concrete answers and reassurance on a wide range of questions pertaining to anatomy in acupuncture practice the first section offers a concise review of all major acupuncture points presenting their clinical applications in table format this is followed by a second section of more than 200 full color illustrations cross sections depict concrete anatomic structures in the vicinity of each acupuncture point illustrating skin muscles nerves blood vessels and bones lastly additional information on auricular and scalp acupuncture points chinese therapeutic techniques other than acupuncture and reflexology plates round out the information provided in the two main sections of the book deepen your understanding of acupuncture and increase the efficacy of your practice by perfecting your understanding of the location needling methods attaining de qi anatomic relations and key clinical indications for each acupuncture point all in one conveniently referenced location for detailed clinical information and comparisons between western and tcm indications of specific acupuncture points this atlas can be paired with volume 2 which provides in depth descriptions of over 400 acupuncture points

finally the italian doctor quirico has produced a book that allows you to easily compare and contrast specific traditional chinese indications and their modern western counterparts for all major acupuncture points in 256 pages this book offers extensive clinical information on more than 400 acupuncture points arranged in a conveniently referenced format with a profusion of tables in three chapters it discusses in numerical order the acupuncture points of the twelve regular channels the acupuncture points of the two extraordinary channels and lastly the extraordinary points on the head and neck trunk upper limbs and lower limbs for each point it provides a linguistic explanation of the chinese name a comparison of the modern western and tcm indications in table form explanatory notes to synthesize this information offer contraindications and provide the applied clinical context a second table

with main combinations and their indications the tcm functions offering key point combinations and a complete list of clinical indications for each acupuncture point this book is an excellent complement to volume 1 the illustrated point atlas. understanding of each points application you will advance your practice of chinese medicine and build a bridge between the western and eastern medical paradigms

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