

# Manning C Concurrency In Action Second Edition

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summary docker in action second edition teaches you the skills and knowledge you need to create deploy and manage applications hosted in docker containers this bestseller has been fully updated with new examples best practices and a number of entirely new chapters about the technology the idea behind docker is simple package just your application and its dependencies into a lightweight isolated virtual environment

called a container applications running inside containers are easy to install manage and remove this simple idea is used in everything from creating safe portable development environments to streamlining deployment and scaling for microservices in short docker is everywhere about the book docker in action second edition teaches you to create deploy and manage applications hosted in docker containers running on linux fully updated with four new chapters and revised best practices and examples this second edition begins with a clear explanation of the docker model then you go hands on with packaging applications testing installing running programs securely and deploying them across a cluster of hosts with examples showing how docker benefits the whole dev lifecycle you ll discover techniques for everything from dev and test machines to full scale cloud deployments what s inside running software in containers packaging software for deployment securing and distributing containerized applications about the reader written for developers with experience working with linux about the author jeff nickoloff and stephen kuenzli have designed built deployed and operated highly available scalable software systems for nearly 20 years

in praise of the first edition essential reading for therapists counsellors supervisors trainers and health care workers it is a book which will help us all to guard the high professional and ethical standards to which responsible workers aspire and which all our clients are entitled to expect british journal of guidance counselling highly recommended essential on every counselling course reading list as well as on counsellors own bookshelves counselling the journal of the british association for counselling this highly acclaimed guide to the major responsibilities which trainees and counsellors in practice must be aware of be

praise for the first edition in britain few people can have contributed more to the development of a personal construct approach than fay fransella and peggy dalton their book is primarily written for those who may wish to incorporate kelly s ideas into their existing counselling framework this is an informative book which is concise well written and with no shortage of clinical examples relevant to all who are interested in counselling and psychotherapy british journal of psychology the revised and updated edition of this practical accessible book gives a clear introduction to personal construct counselling for counselling trainees and practitioners alike outlining the key principles of the personal construct approach to counselling and relating them to practice the book carefully explores ways in which counsellors through credulous listening to everything the client says and does not say can build the client s awareness of the manner in which he or she construes problems the range of methods that can be used to help the counsellor and client learn more about inherent contradictions and their implications are described and illustrated the book goes on to show how the counsellor and client in partnership can then devise experiments for change through which the client can try out new and more rewarding ways of constructing and acting a number of approaches to facilitating change are discussed and exemplified

effective counselling is based on a strong working relationship between counsellor and client building and maintaining this therapeutic alliance demands both skill and an ability to negotiate challenges which arise

during the counselling process key issues for counselling in action prepares new practitioners for face to face work with clients by looking at what is required at each stage of the process and examining issues which practitioners most frequently need to deal with along the way the topics covered are relevant to all counsellors regardless of theoretical orientation the book explores the everyday issues counsellors face when getting started making an assessment working at relational depth setting goals and ending the relationship advice is also given on more difficult challenges such as dealing with reluctant clients stuckness client dependency and unplanned endings key issues for counselling in action is a bestselling text which has been used to train many thousands of counsellors as well as supporting their continuing professional development this second edition has been completely re written and includes new material on the use of touch self care culture and counselling evaluation windy dryden is professor of psychotherapeutic studies professional and community education pace at goldsmiths college university of london andrew reeves is a university counsellor at the university of liverpool counselling service and editor of the journal counselling psychotherapy research

previous edition sold more than 11 000 copies

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