

Washington Internship Survival Guide

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written by residents and interns at washington university this small pocket book contains all the essentials that every intern needs to know from day 1 on the wards it presents practical must have information from the front lines of the wards in an easy to use quick reference format the book brings together in one condensed source all the most important pearls from other manuals including acs algorithms useful formulas patient notes top ten workups common calls complaints and key points on the most common problems content includes vital pointers on what not to miss when to refer call for help triage cross covering and tricks of the trade the washington manual is a registered mark belonging to washington university in st louis to which international legal protection applies the mark is used in this publication by lww under license from washington university

as an intern you will encounter many new challenges these will range from very simple to most complex please remember that you have acquired the tools to address this adversity and even when you feel most overwhelmed you are undoubtedly surrounded by a wealth of available resources that include ancillary and nursing staff fellow interns senior residents and attending physicians although the year ahead of you may now seem long and daunting your tasks other than survival are quite achievable the following competencies milestones were copied from the curriculum for the in patient general medicine rotation for the internship program at washington university school of medicine and barnes jewish hospital you can see that not only are the objectives quite simple but your rigorous work in medical school has well prepared you to master many of your goals throughout the year use these objectives as a checklist to remind yourself of your accomplishments and to guide your learning in potential areas of weakness patient care o gather accurate information about patients

including performing a thorough history and physical examination o synthesize data into a prioritized problem list and differential diagnosis and then formulate diagnostic and therapeutic plans o prioritize each day s work o know the indications contraindications and risks of some invasive procedures and competently perform some invasive procedures provided by publisher

this small pocket book contains all the essentials that every resident needs to know from day one on the wards it presents practical must have information from the front lines of the wards in an easy to use quick reference format

prepared by washington university residents this pda reference provides instant access to all the essential information that interns need from day 1 on the wards including acs algorithms useful formulas patient notes top 10 workups common calls complaints and common consultative questions in all subspecialties content includes vital pointers on what not to miss when to refer call for help triage cross covering and working with difficult patients this edition has been thoroughly updated and several entries particularly on critical care have been expanded other revisions include expanded coverage of anticoagulation and new guidelines on patient safety issues dvt prophylaxis and gi prophylaxis platform palm os windows ce and pocket pc handheld devices the washington manual is a registered mark belonging to washington university in st louis to which international legal protection applies the mark is used in this publication by lww under license from washington university also available for iphone ipod touch

2017 2018 update this little booklet has been fully revised this year two overlapped sections additional things for admission order and floor orders are finally combined some redundant sections are removed based on the feedback we received more management sections such as managing acute alcohol intoxication sepsis renal failure etc are added new section on introduction to cardiology procedures is added all the sections are edited and at least one third of the book has changed the sole

purpose of this booklet is to help new interns in the beginning of the year it is mostly focused on inpatient medicine and icu rotations how to handle the most common floor calls such as chest pain uncontrolled htn vomiting and to help guide running rrt code blue with advances in technology such as widespread use of electronic medical records this booklet has been electronically formatted to meet the demands of dynamic medical system we hope this booklet will make your intern year less stressful so that you can focus on learning the decision making process and ultimately better patient care

publisher s note products purchased from 3rd party sellers are not guaranteed by the publisher for quality authenticity or access to any online entitlements included with the product substantially revised since the previous edition this internship survival guide offers first year residents practical real world medical and professional guidance from senior residents and faculty advisors at the washington university school of medicine advice is presented in a concise bulleted format lending itself to quick comprehension of the material you ll learn the nuts and bolts of logistical issues and patient and colleague communication as well as the basics of navigating your clinical rotations

the transition from medical student to physician is one of the most important events in the life of a young doctor from the moment medical school graduates step foot on the internal medicine ward as real doctors they will be leaving behind civilian life forever hereafter patients family and friends will look to the new doctor for help and healing counting on years of study and training to have provided the tools to diagnose and treat disease residency is a challenging time because doctors are charged with learning as much as they can but are also hospital employees with a job to perform the hope of this guide is that an intern will be able to navigate the rocky waters of internship whether remaining in internal medicine residency or matriculating to another field such as dermatology neurology anesthesiology or radiology this guide is not a practical how to as a residency program should provide such support it is however designed to help interns maneuver the pitfalls of the workplace

navigate interpersonal interactions and utilize the best tools and practices during the course of their internship

this book was conceptualized after observing the struggles of interns during the first months of residency as new medical graduates or foreign graduates the transition to residency can be a daunting one the tips and advice suggested in this book initially started out as a 2 page list after rave reviews from interns at our hospital it was expanded to include practical advice on a range of situations encountered by interns daily the authors hope these pointers can empower new interns to approach the coming months with confidence and ever increasing competence

written by washington university house staff and faculty this pocket guide is a quick reference for the hospital practice of psychiatric medicine in the inpatient psychiatric consultation and emergency settings each section addresses the most frequently encountered problems in these clinical settings and offers practical suggestions on how to obtain information generate reasonable differential diagnoses discriminate among diagnoses and document clinical decisions the book includes style pointer sections on patient interview skills and ed rounds that outline clinical reasoning algorithms in the emergency setting class notes sections explain how to concisely and thoroughly document patient encounters emphasizing difficult medical legal situations the washington manual psychiatry survival guide is also available electronically for handheld computers see pda listing for details the washington manual is a registered mark belonging to washington university in st louis to which international legal protection applies the mark is used in this publication by lww under license from washington university

this updated and expanded second edition of the the internal medicine internship survival guide by a yale resident provides a user friendly introduction to the subject taking a clear structural framework it guides the reader through the subject s core elements a flowing writing style combines with the

use of illustrations and diagrams throughout the text to ensure the reader understands even the most complex of concepts this succinct and enlightening overview is a required reading for all those interested in the subject we hope you find this book useful in shaping your future career business feel free to send us your inquiries related to our publications to info@pwpublishers.com

internship is a challenging time because brand new doctors are charged with learning as much as they can but are also hospital employees with a job to perform this guide will help an intern navigate the rocky waters of internship whether she plans to remain in internal medicine residency or to matriculate to another field such as dermatology neurology anesthesiology or radiology this guide is not a practical how to as a residency program should provide such support it is however intended to help interns maneuver the pitfalls of the workplace master interpersonal interactions and utilize the best tools and practices

thought provoking and accessible in approach this updated and expanded second edition of the surgery internship survival guide provides a user friendly introduction to the subject taking a clear structural framework it guides the reader through the subject's core elements a flowing writing style combines with the use of illustrations and diagrams throughout the text to ensure the reader understands even the most complex of concepts this succinct and enlightening overview is a required reading for advanced graduate level students we hope you find this book useful in shaping your future career feel free to send us your enquiries related to our publications to info@risepress.com

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