

Walk To Dine Program

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School Lunch News
The Secondary School Principal
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United States. Congress. Senate. Committee on Agriculture, Nutrition, and Forestry
United States. Department of Agriculture. Library
Chicago Dental Society (Ill.)
North Carolina. General Assembly. Legislative Research Commission
Michigan State College. Department of Education. Home Economics Education
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abstract in 1981 the usda proposed changes in meal pattern requirements in effect since 1946 for the school lunch program the regulations proposed a decrease in the amount of protein rich foods to one and one half ounces fruits or vegetables to one half cup bread to 1 serving and milk to 6 ounces for elementary children the wisdom of the proposal was questioned by subcommittee chairman perkins who believes it will deprive children of nutrients needed for growth health and well being interested parties voiced their concerns either for or against the proposals statements were received from advocacy groups food service directors usda officials nutrition experts parents and professional organizations food consumption surveys food and nutrition intake studies and studies of foods eaten away from home were cited kbc

abstract using a question and answer format nutrition information is detailed with particular accent on what s wrong with the american diet americans are throwing away millions of dollars every year for vitamin pills and nutritional supplements that they can get for nothing in the form of breakfast lunch and supper the ideal diet is one composed of natural wholesome foods food processors and government agencies are responsible for the extensive use of chemicals in our food supply

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