The Newly Qualified Nurses Handbook A Survival Guide 1e

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how to thrive as a newly qualified nurse provides a structured programme of support for nursing students and newly qualified nurses during their first year qualified packed with practical examples tips and advice and featuring vignettes from recently qualified nurses this book will help you to choose your first nursing post and secure the job you really want structure your learning and development in the early stages of your career work in a team prioritise your care giving and delegate to others understand safe staffing patient acuity and dependency tools care planning and risk assessment tools learn how to escalate concerns and report incidents here s what some of our student and nqn reviewers said the writing style and tone of voice is just right it reads as though i m having a conversation with a knowledgeable trusted friend i noticed that it answered many of the questions i was always embarrassed to ask as i thought i should have already known those things i have wanted a book that covers the information provided in this book and have been unable to find one i think this book will be an incredibly useful resource drawing on her 30 years experience as a registered nurse and university lecturer practitioner carol forde johnston has written an accessible and practical book that aims to respond to the questions and concerns that her students and nqns frequently raise and to help you thrive as a newly qualified nurse

this guide provides a realistic helpful and sometimes comic look at life as a newly qualified nurse it includes topics such as drug administration doctors rounds emergencies prioritising and delegation

to successfully complete the transition from being a final year pre reg nursing student to becoming a qualified staff nurse students need to understand and practice the responsibilities and roles of the registered nurse this book outlines the principles of professional practice and the skills of the qualified nurse

this book has been prepared by professionals working in the uk it is not a primer on clinical skills but an indispensable handbook and resource for the new nurses who are about to embark on their first job and need to develop nursing judgment and the ability to organise and deliver care it is about learning how to think like a nurse developing the judgment and behaviour that is essential in competent practice with an immensely readable style this book uses a friendly conversational manner with realistic hints tips and examples from real life to encourage nurses in the early days of their careers issues such as assertiveness delegation cvs and interviews leadership developing nursing intuition are covered as well as discussion about evidence based and reflective practice direct entry into the community and developing confidence in practice this book will help nurses and students develop into competent and confident practitioners written for newly qualified nurses by a nurse therefore authentic case studies and quotes from nurses show readers that their thoughts and feelings are shared by others this validation will reduce stress and uncertainty and give credibility humour and cartoons will make the text readable and fun to use hints tips and practical advice will encourage the anxious graduate attractive 2 colour design will make the text more easily accessible

introduction pre qualification post qualification the next few weeks drug safety the next 2 6 weeks the 6 month tears your first year the future common clinical problems checklist blank pages for your notes

newly qualified nurses can find their first year of practice a daunting experience this book is specifically written to support new nurses through the demands of their preceptorship year each chapter provides friendly and practical support on the main areas of development needed for new nurses to become confident practitioners the book is also designed for use on formal preceptorship programmes and covers each of the areas for professional development outlined in the department of health s new preceptorship framework 2010 packed with activities case studies and down to earth advice this book provides essential support for the newly registered nurse

describing how to think like a nurse this book includes hints tips and examples from real life to encourage nurses in the early days of their careers it covers issues such as assertiveness delegation cvs and interviews leadership and developingnursing intuition

written specifically for graduating students and newly registered nurses this essential handbook will help you navigate the transition from student to registered practitioner providing you with the key knowledge to help consolidate your degree course the essential guide to becoming a staff nurse will enable you to become an autonomous and accountable practitioner covering everything the newly registered nurse needs to know this handy book explores how to get the job you want the role and function of the staff nurse accountability and delegation working with patients and their families becoming a manager continuing professional and personal development with activities practical hints and tips throughout this accessible aide memoire will provide indispensable support for newly registered nurses in all fields

packed full of personal accounts hints and tips to help student nurses and newly qualified nurses as they progress from graduation to revalidation being a nurse will help both student nurses and newly qualified nurses in their progression from graduation to revalidation it takes a special sort of person to be a nurse and starting a new career can be a daunting prospect for anyone this book will prepare you for the transition from student to registered nurse and help you make the most of your time as a newly qualified nurse the book provides advice to new starters on

dealing with the challenges of being a nurse it covers important topics such as first day nerves the value of teamwork how to avoid burnout coping with a bad day how to know when you re ready to progress the author takes a jargon free supportive approach that aims to help you develop your confidence as a nurse so that you in turn can offer the best care for your patients lauren philpott recently qualified as a registered nurse and has drawn on her own experience to write the book i wish i d had in the words of one reviewer it s like she s taking you by the hand and helping you through the transition that she went through herself from reviews being a nurse is a great resource for anyone starting out in their nursing careers it offers sensible down to earth advice drawing on the author s real life experience of what it is like to work as a registered nurse for the first time the author tackles some really challenging topics such as dealing with difficult situations people burnout having a bad day and importantly how to get over it as well as emphasising the many positives that nursing brings she takes the new graduate through their nursing journey from the first day on the job to developing in confidence and how to work towards revalidation taking a pragmatic yet very readable approach this would make a great gift for any soon to graduate or recently qualified nurse liz williams assistant professor year 2 clinical skills university of nottingham what i like about being a nurse is that it is a first hand guide to being a newly registered nurse it gives helpful information about all those things you didn t learn about when you were a student nurse to name a few annual leave revalidation finding your role within the team and cpd the content of being a nurse is written in such a way that it very much feels like an informal chat with lauren herself and this makes for a comforting read its easy layout is set with bullet points and top tip sections which can help you easily summarise each chapter there are also quotes o

how do you think like a staff nurse what behaviour and level of work is needed to be awarded your degree how will you adapt to working as a professional and working in a team this book is for you if you re in the final stage of a pre registration nursing course or if you are making the transition to becoming a registered nurse it provides you with a toolkit of advice to help you deal with challenges you ll face and prepare you with an understanding of what the university and nmc will be looking for clear advice is given on the academic skills you will need how to face the rigours of the final year and what you need to demonstrate in your behaviour and placements professional issues covered include using evidence in practice managing a caseload and how far to fit into or question workplace culture the features of this book include guidance enriched by the latest research and expert knowledge of this transition period reflective learning boxes to help you identify how you can prepare case studies raising issues from student and registered nurses experience going through this transition short chapters enable quick learning to support you now knowledge that will build your confidence and enhance your ability to fit into your first job this book is recommended reading for all final year nursing students and nurses new to the profession packed with practical detail and the supporting evidence it s obvious the authors are anchored in the reality of today s complex healthcare environments the journey from student to registered nurse is more like a vertical ladder than a learning curve this book helps you climb up every rung of the way this book doesn t just describe the process of transition it gives advice for both academic and practice based achievement preparing you to think and practise as a staff nurse it s a resource you can either dip into as needed or read from cover to cover in addition there s an evidence based preceptorship toolkit for transition which is a useful tool for employers to devise an effective system of support the experienced nurse would also benefit from this as a reference tool to support their students and preceptees and a reminder of the demands placed on them liz allibone head of clinical education and training royal brompton and harefield nhs foundation trust london uk and chair of uk clinical nurse educator network the transition from student nurse to registered nurse is daunting to say the least the realisation of what accountability actually means and the implications of working within the nmc code 2015 become a reality rather than the focus of an academic essay this book transition to nursing preparation for practice effectively prepares third year student nurses for the reality of becoming a registrant the book offers useful and practical advice on how to make the most of your final year as a student nurse and how to achieve the highest degree classification possible the book utilises case studies to encourage self reflection and consider how the nmc code 2015 applies to the daily life of a registrant the book acknowledges the reality of working in modern day health care and the challenges that it brings and offers practical advice on how to develop resilience mindfulness and self awareness this book is a must for all final year students mike parker senior lecturer in emergency and unscheduled care university of york uk this interesting book takes the pre registration

nursing student on a journey from the beginning of their third year through to registration and working as a newly qualified nurse the book is divided into three distinct sections addressing academic aspects the final clinical placement and lastly registration as a newly qualified nurse it is written in an easy to read style using a case study approach with each chapter addressing a specific aspect thus allowing it to be read as a whole or dipped into as the need arises the areas covered in each section are relevant to all fields of nursing and the case studies are realistic and encompass all aspects of the transition this will be a very useful resource for third year students embarking on what is undoubtedly a stressful year as they strive to achieve success in their nursing degree and make the transition from student nurse to newly qualified nurse pauline carson lecturer children and young people s nursing queens university belfast uk transition to nursing preparation for practice is an excellent text for all students embarking on the last stages of their journey to become a registered nurse it offers great advice and guidance that will inform and help boost confidence during the final year of the programme and beyond the logical structure of the contents and use of case study scenarios allows the reader to develop their understanding of the important aspects of theory and practice requirements at level 6 and the expectations and reality of life as a newly qualified nurse this is essential reading for all final year students claire williams senior lecturer university of derby uk much has been written about transition to practice for newly qualified nurses bill and michelle have done a fantastic job in putting this in one place and producing a valuable resource for student nurses to help them prepare for this part of their journey to registered professional they have covered all the important elements of transition including resilience speaking out developing confidence and dealing with reality shock culminati

to successfully complete the transition from being a final year pre reg nursing student to becoming a qualified staff nurse students need to understand and practise the responsibilities and roles of the registered nurse consequently they need a textbook which goes further than simply outlining the theory of leadership and management and teamwork and gives more than just tips for being in charge nursing transition to professional practice has been developed as a one stop shop for the principles of professional practice and the skills of the qualified nurse taking a logical approach the authors introduce the role of the qualified nurse before explaining what it means to be in charge how to deliver good care how to make legal and ethical decisions and the best ways to work with and teach other staff theory is applied to clinical work so readers can easily see the rationale behind daily decisions useful for the entire final year the content is mapped against the transitional module and extremely useful for final year placements as well as providing tips on getting a job and continuing professional development written in an easy to read student friendly manner the authors have brought together trustworthy and reliable advice in a way that is easy to dip into any time you need it from writing an assignment devising a nursing plan documenting your placement learning outcomes or finding advice on job applications this book has been truly designed to help student nurses become registered staff and to prepare for practice online material interactive cases on common scenarios and problems that the newly qualified nurse needs to manage job hunting section with practical exercises and sections on writing cv s interview practice questions etc to print off

this book has been prepared by professionals working in the uk it is not a primer on clinical skills but an indispensable handbook and resource for the new nurses who are about to embark on their first job and need to develop nursing judgment and the ability to organise and deliver care it is about learning how to think like a nurse developing the judgment and behaviour that is essential in competent practice with an immensely readable style this book uses a friendly conversational manner with realistic hints tips and examples from real life to encourage nurses in the early days of their careers issues such as assertiveness delegation cvs and interviews leadership developing nursing intuition are covered as well as discussion about evidence based and reflective practice direct entry into the community and developing confidence in practice this book will help nurses and students develop into competent and confident practitioners

full of real life tips and insights from practising nurses this new title gives encouragement and advice to help newly qualified registrants prepare as they start work in the ever changing world of health care so you ve registered what now does not cover clinical skills but rather concentrates on the practical essentials of working as a nurse in different settings from hospitals to the

community and research sectors written in an easy to follow conversational style it takes the reader through relevant regulations and provides up to date guidance on how to survive as a nurse in the real world being a newly registered nurse can be a daunting experience new nurses will find this book an invaluable resource that will help them navigate the sometimes convoluted path to establishing their career as well as a support and guide through the highs and lows of their working life current regulations and policies and how to navigate them definitions of technical terms and abbreviations tips from nurses lived experience discussion of preceptorship nursing during the covid 19 pandemic and reflection

an essential guide for students transitioning from undergraduate to registered nurse the book covers all topics included on a final year transition module is suitable for all fields of nursing and is mapped to the latest nmc standards in addition to the book s coverage of key final year transition topics such as law and ethics decision making and clinical accountability there is also helpful guidance on how to further your career and become a successful nurse post registration this includes advice on leadership and management skills preceptorship revalidation and continued professional development cpd to help students understand the realities of being a registered nurse there are practice scenarios in each chapter and real life accounts from service users expressing their experience of using health services so that students can understand the real needs of people in their care the book also includes examples and scenarios from all fields to show the differing practice environments and challenges that students will face

for all nurses and midwives one of the most memorable times of their career is transitioning from being a student to a qualified nurse or midwife this is an exciting time but also one that can be stressful particularly in today s challenging health care climate the health and social care needs of the uk s population are changing and to respond to this care delivery models are changing too change can be difficult but periods of change are also times of great opportunity in scotland england northern ireland and wales there is great potential for nurses and midwives to lead the way and overcome barriers to provide safe high quality care in and out of hours scheduled and unscheduled seven days per week

how to prepare for interviews and develop your career is packed with practical advice and guidance to help nurses and midwives fulfil their career aspirations the book is ideal for newly and recently qualified nurses and midwives and will also be suitable for students making the transition to nqn guidance key tips and case examples are organised in seven steps that help provide the key to positive career development identify your career options drive your own career development support others and influence change complete a strong application and personal statement prepare for interviews by creating an interview plan deal positively with challenges make your achievements stand out carol forde johnston is recruitment and retention lead in a large nhs trust and has more than 30 years experience as a registered nurse and university lecturer practitioner she has drawn on all that experience to write an accessible and practical book that address the questions and concerns frequently raised by students and healthcare professionals and to help you develop your career as a nurse or midwife

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