

Red Cross First Aid Manual

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the uk's only fully authorised first aid guide the book is used as the official training manual for the uk's leading first aid organisations courses it's available in ebook format this bestselling guide covers all aspects of first aid including first aid for babies and children this new edition features guidance on first aid in pandemic conditions what to do in a terrorist incident the latest guidelines on resuscitation and delivering first aid for a mental health crisis illustrations have been redrawn in the simplest clearest style to focus on the vital information find out how to treat over 100 different conditions from splinters and sprained ankles to unresponsive casualties and how to use essential equipment learn how to manage a situation safely and how to assess a sick or injured person effectively step by step photography all shot in situ to reflect real life issues shows you what to do in any emergency easy to understand anatomy sections explain the risks involved with particular injuries or conditions and how and why first aid can

help discover every life saving technique you need to know with this essential reference

the first aid manual is the uk's only fully authorised first aid guide endorsed by st john ambulance st andrew's first aid and the british red cross and packed with step by step first aid advice used as the official training manual for the uk's leading first aid organisations courses the bestselling first aid manual covers all aspects of first aid from emergency first aid and first aid for babies and children to the latest guidelines on resuscitation find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unconsciousness and how to use essential equipment step by step photography all shot in situ to reflect real life issues shows you what to do in any situation the ideal first aid book for you and your family keep the first aid manual handy it could be a life saver previous edition isbn 9781409342007

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the uk's only fully authorised first aid guide endorsed by st john ambulance st andrew's first aid and the british red cross the revised 10th edition includes guidelines updated to incorporate the latest best practice packed with step by step first aid advice it is used as the official training manual for the uk's leading first aid organisations courses the first aid manual is the comprehensive guide to treating casualties of all ages in an emergency find essential information fast on how to treat over 100 different conditions from splinters and sprained ankles to strokes and unconsciousness step by step photography all shot in situ to reflect real life issues shows you what to do in any situation the ideal first aid book for you and your family keep the first aid manual handy it could be a life saver previous edition isbn 9781405362146

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the uk's only fully authorised first aid guide this book is used as the official training manual for the uk's leading first aid organisations courses this bestselling guide covers all aspects of first aid including first aid for babies and children this new edition features guidance on first aid in pandemic conditions what to do in a terrorist incident the latest guidelines on resuscitation and delivering first aid for a mental health crisis illustrations have been redrawn in the simplest clearest style to focus on the vital information find out how to treat over 100 different conditions from splinters and sprained ankles to unresponsive casualties and how to use essential equipment learn how to manage a situation safely and how to assess a sick or injured person effectively step by step photography all shot in situ to reflect real life issues shows you what to do in any emergency easy to understand anatomy sections explain the risks involved with particular

injuries or conditions and how and why first aid can help discover every life saving technique you need to know with this essential reference

the united states military s official guide to first

the official u s army guide to first aid

updated 10th edition includes updates to first aid for choking infants the first aid manual is the uk s only fully authorised first aid guide endorsed by st john ambulance st andrew s first aid and the british red cross and packed with step by step first aid advice used as the official training manual for the uk s leading first aid organisations courses the bestselling first aid manual covers all aspects of first aid from emergency first aid and first aid for babies and children to resuscitation find out how to treat over 100 different conditions from splinters and sprained ankles to strokes and unconsciousness and how to use essential equipment step by step photography all shot in situ to reflect real life issues shows you what to do in any situation the ideal first aid book for you and your family keep the first aid manual handy it could be a life saver

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this first aid book has been authorized by st john s ambulance the st andrew s ambulance association and the british red cross and offers an up to date guide to treating casualties of all ages in any emergency the chapters have been reorganized by injury type and severity and are colour

coded for swift and easy access to information the contents give due emphasis to really serious problems such as head injury without neglecting common but still worrying ailments like nosebleed or prickly heat the two new sections include a 16 page quick reference chapter which spells out emergency life saving procedures and there is advice for first aiders which gives real facts about the risks of cross infection the book complies with the latest 1992 guidelines laid down by the european resuscitation council

this tour leading book is suitable for people who wish to step into the tourism industry this book covers the job tasks that need to be performed by a tour leader or tour manager in detail the content structure is 100 based on the job occupation standard requirements in certain countries this book will cover the following topics introduction perform pre tour functions perform a health safety and security briefing perform on tour functions perform tour contingency measures perform post tour functions perform job enrichment activities this book is also suitable for colleges and universities to use as a reference to teach related tourism subjects this book includes certain exercise questions and discussions to be used in the tutorial lesson of the tourism course

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