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a surefire hit with young backyard diggers and bug watchers basic illustrated guide to frogs snakes bugs and slugs combines detailed illustrations of bugs slugs snakes toads and other creepy crawlies with clear and kid friendly information to help the young bug lover identify what s crawling up the tree buzzing in his ear or hiding under a log

birgit kumbrink s bestselling guide to k taping finally available in english this richly illustrated hands on guidebook features a highly successful therapeutic approach to treating orthopedic traumatological and many other conditions it serves both as a perfect companion to training courses and as a reference book and refresher for health care professionals who have completed their training a brief introduction to the basic principles of k taping the special elastic tapes used and the method s history is followed by 7 chapters highlighting treatment techniques and their application to 50 frequently seen conditions each is featured on a double page with up to five color photos brief instruction practical information about symptoms dosage progress to be expected and tips regarding variations of techniques as the benefits of k taping in enhancing the effects of other conservative care and surgical treatments are getting more and more appreciated birgit kumbrink s k taping an illustrated guide developed by germany based k taping academy has rapidly established itself as the ultimate reference book for therapists and clinicians in an ever expanding range of medical disciplines

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