

Herbs Smithsonian Handbooks

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herbs for health beauty and cooking

a visual identification guide to more than 700 species of herbs identifies which parts are collected and prepared and describes their different uses from cooking and medicine to cra

over 700 species of herbs are depicted in over 1 500 photographs smithsonian handbooks

discover the meanings powers facts and folklore for over 500 herbs and spices in the complete language of herbs now in a pocket size edition for easy on the go reference along with a beautiful visual depiction each entry provides the herb or spice s scientific and common names characteristics and historic meanings and powers from mythology medieval legends folklore and flower poetry did you know that allspice can be added to herbal mixtures to attract money or luck or that sprinkling arrowroot at the doors of your home will keep guests negative energy from entering reaching the height of popularity during the victorian era floriographies dictionaries of symbolic flower meanings were an amusing pastime and art to subtly communicate unspoken emotions to complement the success of the complete language of flowers author s theresa dietz has scoured historic sources and compiled an equally beautiful compendium in the complete language of herbs revealing the secrets and powers of hundreds of common and forgotten herbs and spices from around the world together with stunning full color illustrations and two indexes

one for searching by common herb and spice name and the other organized by meaning this beautiful reference is a must have for gardeners chefs party planners and food enthusiasts

medicinal plant research is an evergreen subject there is a tremendous increase in popularity of herbal medicine in traditional medicine ethnomedicine modern medicine and as over the counter food supplements even after this increased demand supply is neither uniform nor assured as most of these plants are collected from wild in developing countries of tropical and subtropical regions where majority of herbal drugs are produced this is not organised sector making it vulnerable to several malpractices hence standardization of all aspects required this has also negative impact on biodiversity and conservation of plants as well as supply of uniform material this book is aimed to provide up to date information about sustainable use of selected medicinal plants their active ingredients and efforts made to domesticate them to ensured uniform supply development of agrotechnology biotechnology and cultivation practices using conventional and non conventional methods are presented where these efforts will lead the medicinal plant research and future perspective are discussed the chapters are written by well recognised group leaders in working in the field the book contains topics on general biology of medicinal plants their sustainable use and cultivation and domestication efforts a uniform chapter structure has been designed to keep consistency the book will be useful for academicians agriculturists biotechnologists and researcher and industries involved in manufacturing herbal drugs and supplementary products

the complete language of food blends the realms of food and folklore in a beautifully illustrated encyclopedia of ingredients including for each entry the food s unique properties and the facts and folklore behind its use

the complete language of trees is a comprehensive and neatly organized dictionary of over 400 types of trees that recognizes each species name characteristics and hidden properties from mythology legends and folklore around the world now in a pocket size edition for easy on the go reference

the ecology of herbal medicine introduces botanical medicine through an in depth exploration of the land presenting a unique guide to plants found across the american southwest an accomplished herbalist and geographer dara saville offers readers an ecological manual for developing relationships with the land and plants in a new theoretical approach to using herbal medicines designed to increase our understanding of plants rapport with their environment this trailblazing herbal speaks to our innate connection to place and provides a pathway to understanding the medicinal properties of plants through their ecological relationships with thirty nine plant profiles and detailed color photographs saville provides an extensive materia medica in which she offers practical tools and information alongside inspiration for working with plants in a way that restores our connection to the natural world

catalog of herbs medicinal herbs toxicity ranking and pricelist toxins their toxicity and distribution in plant genera higher plant genera and their toxins pharmacologically active phytochemicals proximate analyses of conventional plant foods

this lavishly photographed guide showcases one of the most beautiful regions in the country

northern new england an area of pristine wildernesses and extraordinary landscapes over 150 color photos and maps throughout

covers massachusetts connecticut and rhode island

covers private reserves and national state and local parks open to public use

experience the splendor and mystery of america s great outdoors in this new series each guide is an information packed reference a useful trip planner and a delightful armchair adventure

contains chapters on the conservation of herbarium sheets and on the collection and curation of the larger algae the chapter on computers has been completely rewritten and much enlarged as have those on pests and treatments larger fungi and economic botany the sections on liquid preservatives and on pesticides have been revised to take into account new health and safety regulations an essential reference work for herbarium managers and technicians and for all those who are involved with the making and maintenance of herbarium collections nhbs environment bookstore

explains how to grow buy and use herbs for medicinal use cooking scents dyeing landscaping and other purposes

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