

Healing Ancestral Karma Free Yourself From Unhealthy Family Patterns

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surprisingly there have been few updates on the subject of karma advances in new technology have helped spirituality also advance as it is more accessible in this book rae chandran channels various masters and the creator downloading new wisdom about karma including how it affects humanity even though we are not aware of it the purpose of this book is to help you awaken to a new understanding about karma learn how to balance it with easy exercises sacred geometry and sound this newly channeled material reveals much

information unknown before now earth is not the only planet in the solar system and we should take advantage of the wisdom from highly evolved beings to reduce our suffering many concepts are new and they are supported by advanced human beings read this book with an open mind to understand this new wisdom it might help you shed unnecessary burdens so that you can move more quickly toward ascension

a breakthrough book on breaking destructive patterns is it possible that you have inherited the karma of your family members could this explain why family members often go through the same trials and tribulations generation after generation and if so is there anything you can do to break the cycle bestselling new age author dr steven farmer claims that each of us inherited karma if you come from a long line of saints and humanitarians your life is probably pretty sweet however if you are like most folks your forebearers are probably a mixed bag of the good the bad and the ugly as a result you are living with some appalling karmic consequences this is a book that shows readers how to free themselves from the negative cycles of the past and how to tap into the ancient wisdom of their ancestors no matter what your current spiritual philosophy or practice you can tap into your ancestral spirit guide for guidance teaching and healing

karma is generally understood as personal and clearing karma is often considered an individual effort with individual rewards in opening our spiritual eyes spiritual teacher sri ama qala phoenix shows how karmic clearing can also be used in collective healing karma is shared within families and communities and clearing karma releases it from the etheric body of our children and future generations the book was inspired by the ongoing celestial project a four year global endeavor of australia s divine university that began in 2009 the project involves people gathering worldwide on specific dates to focus on the karmic cleaning of the etheric body of a major city opening our spiritual eyes draws on the author s experiences of meeting the enlightened masters those wise spirit guides who through her present new understandings of the collective karma held within the world s primary cities and our etheric bodies and how to free ourselves our families and our world from it with grace revealing what sri ama qala phoenix calls the true nature of the divine plan for humanity and our earth the book shares essential keys for how we can become empowered to live in alignment with our divine purpose

this book is an edited transcript of lama zopa rinpoche s teachings at a three month vajrasattva retreat held at land of medicine buddha soquel california from february 1 to april

30 1999

self help the understanding of life is another insightful reading from vladimir zivkovic the author of books modern relationships and the book about divine self how to improve your low self esteem where all these modern life problems stem from how to overcome them and stay on the right path in this crazy world further on it reflects on the issues of the modern man with self god morality and authorities the author offers real life examples to help readers answer these currently burning questions and regain their lost spirituality and confidence the author mainly talks about our attitude to everyday life and shortcomings of the modern life philosophies which have separated man from its true nature and purpose the main goal of being happy has turned into great confusion of various teachings and into pure hedonism and an egotistic striving for some kind of success and fame or just to simply pleasure and indulge oneself and one's appetites for worldly pleasures in this book is presented a positive spiritual discipline that is free from ego and that will aid a reader to keep one's mind open for the important questions in life eventually it turns out that we look for happiness in the wrong places all the time the main goal of being happy is not focused on ego but on making others happy most of the times our transient time and memory are another reason to make us question our ways in the world and what we really want to focus on in our lives keep in mind that everything that is worthy will not come easily the change starts with you and it takes lots of work we should just stop rushing towards materialism and continue moving on at a steady pace towards our true nature and purpose

the lama yeshe wisdom archive lywa is the collected works of lama thubten yeshe and kyabje lama thubten zopa rinpoche the archive was founded in 1996 by lama zopa rinpoche its spiritual director to make available in various ways the teachings it contains from a review in buddhadharma magazine teachings from the medicine buddha retreat is a nearly complete record of the teachings given by lama zopa rinpoche during a twenty five day medicine buddha retreat in the fall of 2001 the sections are short on topics such as making offerings to the buddhas and the nature of mind the retreat was held less than two months after the 9 11 attacks and lama zopa's teachings are full of references to terrorism war iraq and afghanistan the book is not meant as a coherent presentation on any particular topic however one is rewarded by just opening it and reading anywhere lama zopa is a clear and effective teacher and his stories are endlessly entertaining and inspiring

cultural heritage of india

the shreemad bhagavad gita is one of the most ancient scriptures in the world it contains the direct word of god spoken for all of mankind irrespective of religion or tradition its philosophy and teachings are central to human life it teaches us to live our daily lives in divinity as a service unto god and his creation it achieves this by gifting us true knowledge faith devotion surrender detachment and a release of expectations and ownership over one's own actions it comes as a stark contrast to the lives with which we have grown accustomed to leading today's world is filled with constant desire for material wealth sense pleasures individualism and egoism the gita acts as a lighthouse on the shores of vaikunta guiding lost sailors at the sea of illusion to safety but like any teaching time and unqualified minds can distort it and misunderstand what is contained within it is for that purpose that the lord continuously takes birth on earth in the form of the guru to revive the true essence of the gita to show the simplicity of the message of bhagavan one such master is paramahansa sri swami vishwananda and in this book which is his personal commentary we hold a treasure chest of spiritual insight

karma is the spiritual philosophy at the heart of buddhism hinduism and other religions of the indian subcontinent and it can be a confusing concept it is simply put the totality of everything we have done are doing and will do in this life and in past and future existences written for those just beginning their exploration of karmic thought this deeply contemplative guide explodes the myths and explains karma's true influence upon relationships career prosperity and health also there are rituals to put ideas into practice along with suggested meditations a discussion of the 10 positive actions and the buddha's eight step guide to spiritual awakening

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